

Anna Wójcik

I inspire, invite on a learning journey and facilitate change process. I create conditions, in which trainees can acquire skills through discovery and exploration. I do not teach. I hold a space, in which participants dare to change. I'm passionate about supporting people development, I do it wholeheartedly professionally and privately. I have shared my experience with employees of such companies as ABB, Lufthansa or Holiday Autos. I also advised global corporations on learning and development practices while working in Management Consulting Department at Accenture. I ground my sessions and interventions on solid scientific knowledge gained during psychology studies, which I constantly extend by taking part in postgraduate studies (Human Resources Management, Career Advisory, Trainer and coach) and professional training.

My training sessions are based on verified methods and newest research in learning psychology. I offer an interactive approach, which allows to apply gained skills in practice. I continuously search for new ways to reinforce the potential of training participants.

I'm inspired by close relationships, contact with nature, bodywork, intriguing observations of the reality in science fiction books, meditation and being in the moment.